

PSE Disclosure Form 13-1 - Change in Shareholdings of Directors and Principal Officers

Name of Person	Position / Designation	Type of Security / Stock Symbol	Date of Transaction	Securities Acquired (A) or Disposed (D)			Ownership Form Direct (D) or Indirect (I)	Nature of Indirect Beneficial Ownership	Number of Shares Owned after the Transaction		
				Number of Shares	(A) or (D)	Price per Share			Direct	Indirect	Total
Maria Cecilia H.Abad	Vice President	TEL	March 12, 2020	500	A	*	I	Thru PCD	-	633	633
		TEL	March 12, 2020	175	D	P980.00	I				

\* Shares were acquired pursuant to the implementation of the Company's Transformation Incentive Plan