

September 24, 2009

Philippine Stock Exchange, Inc.
Disclosure Department
4th Floor, Philippine Stock Exchange Centre
(Tektite Tower) Exchange Road, Ortigas Center
Pasig City

Attention: Ms. Janet A. Encarnacion
Head – Disclosure Department

Gentlemen:

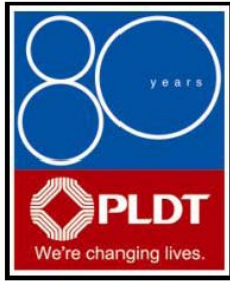
In compliance with Section 13 of the Revised Disclosure Rules of the Exchange, we would like to inform you of the changes that have taken place in the shareholdings of **Mr. Manuel V. Pangilinan**.

Thank you.

Very truly yours,

PHILIPPINE LONG DISTANCE TELEPHONE COMPANY


FLORENTINO D. MABASA, JR.
Assistant Corporate Secretary



PHILIPPINE LONG DISTANCE TELEPHONE COMPANY

Statement of Changes in Beneficial Ownership of Securities

Name : MANUEL V. PANGILINAN
Position : Chairman of the Board

Date of Transaction	No. of shares acquired	No. of shares disposed	Price	No. of shares Beneficially owned
September 23, 2009	*1,000 *1,000	NA	P2,410.00/share P2,415.00/share	*3,000 **222,450

*PCD account
**Certificated