

April 8, 2010

Philippine Stock Exchange Disclosure Department 4th Floor, Philippine Stock Exchange Centre (Tektite Tower) Exchange Road, Ortigas Center Pasig City

> Attention: Ms. Janet A. Encarnacion Head – Disclosure Department

Gentlemen:

We are submitting herewith the Statement of Changes in Beneficial Ownership of Securities (Form 23-B) in the Capital Stock of Philippine Long Distance Telephone Company showing the change that have taken place in the shareholdings of Mr. Ernesto R. Alberto for the month of March 2010.

Thank you.

Very truly yours,

PHILIPPINE LONG DISTANCE TELEPHONE COMPANY

MA. LOURDES C. RAUSA-CHAN

Corporate Secretary

Metro Manila, Philippines	SECURITIES AND EXCHANGE COMMISSION

FORM 23-B

to filing requirement Check box if no longer subject

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES
Filed pursuant to Section 23 of the Securities Regulation Code

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1. Name and Address of Reporting Person	Issuer Name and Trading Symbol	ling Symbol	,	:	7. Rélationship of R	onship of Reporting Person to Issuer	(Check ali applicable)	
ALBERTO, ERNESTO ROSARIO	PHILIPPINE LO	ONG DISTANC	PHILIPPINE LONG DISTANCE TELEPHONE COMPANY	COMPANY				
(Last) (Alicale)	3. Tax Identification Number	(1)	Statement for Month/Year		×	Director Officer		10% Owner Other
Guirayan cor. Lantawan Sts., Araneta Subd.,	106-968-471		March	March 2010		(give one below)		(specify below)
(Sireal)	4. Citizenship		 If Amendment, Date of Original (MonthYear) 	ate of			Senior VI	Senior Vice President
ezon City	Filipino	_	Last Filing of S	Last Filing of SEC Form 23-B Feb. 5, 2010			i i	
(City) (Province) (Postal Code)				Table 1 - Equ	fable 1 - Equity Securities Beneficially Owned	eficially Owned		
1. Class of Equity Security	2. Transaction 4 Date	Securities Acquire	 Securities Acquired (A) or Disposed of (D) 		 Amount of Sec Month 	Amount of Securities Owned at End of 4 Ownership Form: Month	Ξ,	 Nature of Indirect Beneficial Ownership
	(Month/Day/Year)	Amount	(A) or (D)	Price	%	Number of Shares		
Common Capital Stock	9-Mar-10	*2,000	Α	P2,680.00/	0.003958%	*7,500	D	NA
		(shares)		share				
		;						
					NOTE: Total is	sued and outstandir	NOTE: Total issued and outstanding shares as of March 2010 = 189,480,268	2010 = 189,480,268
NOTE: *PCD Account								

Reminder: Report on a separate line for each class of equity securities beneficially owned directly or indirectly.

If the change in beneficial ownership is 50% of the previous stareholdings or is equal to 50% of the outstanding capital stock of the issuer, provide the disclosure requirements set forth on page 3 of this form.

(Print or Type Responses)

- A person is directly or indirectly the beneficial owner of any equity security with respect to which he has or shares:

 (A) Voting power which includes the power to vote, or to direct the widing of, such security, and/or
 (B) Investment power which includes the power to dispose of, or to direct the disposition of, such security.

 (2) A person will be deemed to have an indirect beneficial interest in any equity security which is:

 (A) held by members of a person's immediate family sharing the same household;
 (B) held by a partnership in which such person is a general partner,
 (C) held by a corporation of which such person is a controlling shareholder, or
 (D) subject to any contract, arrangement or understanding which gives such person voting power or investment
- subject to any contract, arrangement or understanding which gives such person voting power or investment power with respect to such security.

FORM 23-B (continued)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., warrants, options, convertible securities)

							NA							Derivative Security
							NA				Security	of Derivative	Exercise Price Date	2. Conversion or
							NA					(Month/Day/Yr)	Date	 Transaction
							NA	THE PERSON IN	Amount				Acquired (A) or Disposed of (D)	 Number of Derivative Securities
 i							NA	() ()	(A) or (D)				isposed of (D)	tive Securities
							NA		Uate Exercisable		(Month/Day/Year)	Expiration Date	Exercisable and	5. Date
		_	 				AN	Odic	Cate					
							NA	1					Underlying Securities	Title and Amount of
							NA	of Shares	Amount or				Securities	Amount of
 					i		NA					Security	Derivative	7 Price of
				-			NA	1000	Month of	Owned at	_	Securities	Derivative	8. No. of
							NA	3	Indirect (I)	Direct (D)	Security;	of Derivative	ship Form	9. Owner-
							NA				Ownership	Beneficial	of Indirect	10. Nature

Explanation of Responses:

Note: File three (3) copies of this form, one of which must be manually signed.

Attach additional sheets if space provided is insufficient.

IN CASE OF MATERIAL CHANGES IN BENEFICIAL OWNERSHIP DISCLOSURE REQUIREMENTS (50% INCREASE/DECREASE OR EQUIVALENT TO 5% OF THE OUTSTANDING CAPITAL STOCK OF ISSUER)

Item 1. Security and Issuer

State the title of the class of equity securities to which this Form relates and the name and address of the principal executive offices of the issuer of such securities.

Item 2. Identity and Background

provide the information specified in (a) through (f) of this Item with respect to such person(s). its principal business, the address of its principal office and the information required by (d) and (e) of this Item. If the person filing this statement is a natural person If the person filing this Form is a corporation, partnership, syndicate or other group of persons, state its name, the province, country or other place of its organization,

- a. Name
- Residence or business address;
- Present principal occupation or employment and the name, principal business and address of any corporation or other organization in which such employment is
- Whether or not, during the last five years, such person has been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors) and, if so, give the dates, nature of conviction, name and location of court, any penalty imposed, or other disposition of the case;
- Whether or not, during the last five years, such person was a party to a civil proceeding of a judicial or administrative body of competent jurisdiction, domestic or temporarily enjoining, barring, suspending or otherwise limiting involvement in any type of business, securities, commodities or banking; and foreign, and as a result of such proceeding was or is subject to any order, judgment or decree, not subsequently reversed, suspended or vacated, permanently or
- . Citizenship.

Item 3. Purpose of Transaction

State the purpose or purposes of the acquisition of securities of the issuer. Describe any plans or proposals which the reporting persons may have which relate would result in: 6

- The acquisition by any person of additional securities of the issuer, or the disposition of securities of the issuer,
- An extraordinary corporate transaction, such as a merger, reorganization or liquidation, involving the issuer or any of its subsidiaries
- . A sale or transfer of a material amount of assets of the issuer or of any of its subsidiaries;
- existing vacancies on the board; Any change in the present board of directors or management of the issuer, including any plans or proposals to change the number or term of directors or to fill any
- Any material change in the present capitalization or dividend policy of the issuer;
- f. Any other material change in the issuer's business or corporate structure;
- g. Changes in the issuer's charter, bylaws or instruments corresponding thereto or other actions which may impede the acquisition of control of the issuer by any
- Causing a class of securities of the issuer to be delisted from a securities exchange
- . Any action similar to any of those enumerated above

Item 4. Interest in Securities of the Issuer

φ State the aggregate number and percentage of the class of securities identified pursuant to Item 1 beneficially owned (identifying those shares which there is a right to acquire within thirty (30) days from the date of this report) by each person named in Item 2. respect to persons who, together with any of the persons named in Item 2, comprise a group The abovementioned information should also be furnished with

DISCLOSURE REQUIREMENTS (50% INCREASE/DECREASE OR EQUIVALENT TO 5% OF THE OUTSTANDING CAPITAL STOCK OF ISSUER) IN CASE OF MATERIAL CHANGES IN BENEFICIAL OWNERSHIP

- For each person named in response to paragraph (a), indicate the number of shares as to which there is sole power to vote or to direct the vote, shared power to vote or to direct the vote, sole or shared power to dispose or to direct the disposition. Provide the applicable information required by Item 2 with respect to each person with whom the power to vote or to direct the vote or to dispose or direct the disposition is shared
- Describe any transaction in the class of securities reported on that were effected during the past sixty (60) days by the persons named in response to paragraph (a). amount of securities involved; (4) the price per share or unit; and (5) where or how the transaction was effected The description shall include, but not necessarily be limited to: (1) the identity of the person who effected the transaction; (2) the date of the transaction; (3) the
- d. If any other person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of such securities, statement to that effect should be included in response to this Item and, if such interest relates to more than five (5%) percent of the class, such person should be ື
- If the filing is an amendment reflecting the fact that the reporting person has ceased to be the beneficial owner of more than five (5%) percent of the class of securities, state the date on which such beneficial ownership was reduced

Item 5. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer

or relationships have been entered into. Include such information for any of the securities that are pledged or otherwise subject to a contingency the occurrence of guarantees of profits, division of profits or loss, or the giving or withholding of proxies, naming the person with whom such contracts, arrangements, understandings securities of the issue, including but not limited to transfer or voting of any of the securities, finder's fees, joint ventures, loan or option arrangements, puts or calls, Describe any contract, arrangement, understanding or relationship among the person named in Item 2 and between such persons and any person with respect to any loan agreements need not be included. which would give another person voting power or investment power over such securities except that disclosure of standard default and similar provisions contained in

Item 6. Material to be Filed as Exhibits

Copies of all written agreements, contracts, arrangements, understandings, plans or proposals relating to

- ë the acquisition of issuer control, liquidation, sale of assets, merger, or change in business or corporate structure or any other matter as disclosed in Item 3; and
- b. the transfer or voting of the securities, finder's fees, joint ventures, options, puts, calls, guarantees of loans, guarantees against losses or the giving or withholding of any proxy as disclosed in Item 5.

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this Report is true, complete and accurate This report is signed in the City of Makati on April 7, 2010.

(Signature of Reporting Person)

ERNESTO R. ALBERTO
Senior Vice President
(Name/Title)